



**ImPACT**  
APPLICATIONS, INC.



SHERIDAN  
PHYSICAL THERAPY

**Sheridan Physical Therapy is Proud to Partner with the Sheridan Recreation District to Provide ImPACT Testing to all Little Guy Football Athletes!**

● **What is the ImPACT test?**

- A computer-based test used to determine a baseline measure for different areas of brain function such as reaction time, memory recall, verbal memory, and visual memory
- After a concussion has occurred, a follow up test is taken and the test scores are compared to the baseline scores to determine if an athlete is ready to return to play
- Once the athlete completes a successful follow up test, they can begin their return to play progression and return to their sport

● **Who is it for?**

- All 5<sup>th</sup> and 6<sup>th</sup> grade Little Guy Football players

● **How do I sign up?**

- Your athlete can perform their baseline test with their team right after their scrimmage August 19 at Sheridan Physical Therapy (50 West 3<sup>rd</sup> Street)
- If your child is unable to make it to testing after the scrimmage, call Sheridan Physical Therapy at 307-672-2092 to schedule a time to test in person. Also, a link can be emailed for your child to take the test at home on a computer (only available for 11 and 12 year-old athletes)

● **How much does it cost?**

- The test is **FREE** for all 5<sup>th</sup> and 6<sup>th</sup> grade Little Guy football players!

● **How long does it take?**

- The baseline test takes about 20 minutes, and a follow up test is about 30 minutes

● **Why should I take the test?**

- Concussions can have permanent, life-altering effects if not recognized promptly and cared for appropriately
- The ImPACT test provides an objective assessment on the severity of a concussion
- The ImPACT test allows the athlete to see if their follow up score falls within the appropriate range of the Reliable Change Index for each section of the test and if their brain is ready to return to sport
- You have access to all baseline and follow up scores, so you are able to keep track of the brain's function and progress throughout the years